

“No” is NO PROBLEM!

If you ever feel discouraged when you hear the word “No,” remember that if you don’t hear “No” ENOUGH, you’re not asking ENOUGH people!

Reward yourself as you go along so you don’t get discouraged. You choose the rewards!

When you get to that “No,” reward yourself with whatever you wrote in the square!

No	No	No	No	No	No	No Reward!	No	No	No
No	No	No	No	No	No Reward!	No	No	No	No
No	No	No	No Reward!	No	No	No	No	No	No
No	No Reward!	No	No	No	No	No	No Reward!	No	No
No	No	No	No Reward!	No	No	No	No	No	No
No Reward!	No	No	No	No	No	No	No	No Reward!	No
No	No	No	No Reward!	No	No	No	No	No	No
No	No Reward!	No	No	No	No	No	No	No Reward!	No
No	No	No	No	No Reward!	No	No	No	No	No
No	No	No Reward!	No	No	No	No	No	No	No Reward!